

Your Employee Wellbeing Programme

Your Lyra Wellbeing EWP is available 24 hours a day, 365 days a year.

Contact us to receive expert assistance with anything, including:



Family and relationships



Wellbeing



Burnout and stress



Work



Financial worries



Substance use



Scan the QR code or follow the link to access the Hub using your company code.

Toll-free: 0800 214 773

Request a call back: ***134*905#**

Get in touch online: <https://app.lyrawellbeing.health/>

Your company code: JOR001

